

## U3A KNOX

### TUESDAY STROLLERS & MEDIUM WALKS

TERM 4	10/10/2023	TO	28/11/2023	
Date	From (meeting point)	Starting Melway Ref	To (route)	Approx Distance and Topography
10/10/2023	Koomba Park North Car Park from Boronia Rd	63D5	Maroondah Nets and back	4.0km each way (MF-CB-GD)
17/10/2023	Tim Neville Arboretum Car Park from Dorset Rd	73K1	Lewis Park and back	4.0km each way (MF-CB)
24/10/2023	Maroondah Nets Car Park end of Heathmont Rd	64D2	Ringwood Lake and back	4.0km each way (MF-CB)
31/10/2023	Lewis Park Car Park from Lewis Rd	64B10	Cathies Lane and back	3.5km each way (MF-CB)
7/11/2023	Melbourne Cup - No planned walk			
14/11/2023	Jells Park South Car Park first ring parking on right from FTG Rd	72A9	Loop Dandenong Valley Wetlands and back	7.5km total (MF-CB-GD)
21/11/2023	Koomba Park South Car Park from Mountain Hwy	63C8	Bushy Park Wetland towards Bird Hide and back	3.5km each way (PFH-CB-GD)
28/11/2023	Tim Neville Arboretum Car Park from Dorset Rd	73K1	Upper Ferntree Gully and back Break up morning tea at Café	4.0km each way (PFH-INC-CB)

Walk Leader Peter Bissett 0418 520 213

- NOTES:
- 1 All walks will start at 9.30am. Please call or text the Walk Leader if you are going to be a few minutes late.
  - 2 If only doing PART WALK please inform Walk Leader at start or during walk.
  - 3 Members must wear or carry their U3A Knox Inc. identity name tag including up to date details of any emergency contact telephone number.
  - 4 Prior to any walk members must be satisfied that they can complete the walk or part walk taking into account the weather on the day.
  - 5 Hot weather can make you very sick so remember to look after yourself, carry and drink plenty of water, wear a hat, wear loose light colour clothing, sun screen.
  - 6 Mobility Scooter riders to ensure they have a contingency plan for any type of breakdown

#### Topography Abbreviations

MF - mostly flat
PFH - partially flat with hill(s)
CB - concrete and/or bitumen surface
GD - gravel and/or dirt surface
##DK - minutes drive from Knox City